

Client Assistance Program

Transition Student Tips: Your VR Rights

Vocational Rehabilitation (VR) is a program that assists people with disabilities to find a job or a career when they have a hard time doing it on their own.

You set your own job goal. You make the plan on what services you need to reach the goal. You are a partner with VR in the process.

When can I start VR?

Right now! You can invite VR to your Individualized Education Program (IEP) meetings, even if you have not applied yet. Although some services have to wait until you are 14.

Can VR help me with anything before I apply for VR services?

Yes! VR offers Pre-Employment Transition Services (Pre-ETS) and you can use those as long as you are in school, between 14-22 years old, and have an IEP or 504 plan.

Can VR help me if I want to go to college?

Yes! If you choose a job goal that requires a college degree (like an engineer or a lawyer), and VR agrees with that goal, then VR can support you. They can pay for items like tuition, books and supplies, transportation, and assistive technology. All VR services are based on individual needs so you can't compare your IPE with other students receiving VR services.

Can VR help me if I want to get a job right after high school graduation?

VR has lots of services that can help you find a job, like creating a resume and practicing interviews. They can support you with your search too. They might even be able to buy your work clothes or tools for on the job.

Can VR help me even if I live in a small town?

Yes! There are VR Counselors working in every County across the state. VR is required to provide the same level of services to everyone in Arizona, no matter where you live.

What if I have a problem getting what I need from VR?

Contact CAP! Call 602-274-6287 (or toll free at 800-927-2260) or complete an online request for services on our website:

www.azdisabilitylaw.org

CAP services are free and confidential!

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